

## **Press Release**

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**FOR IMMEDIATE RELEASE**

16 April 2004

# **WORLD HEALING DAY 17 JULY 2004**

BIRMINGHAM – It was announced today that on Saturday 17 July 2004 the ninth World Healing Day will take place. This annual event, which began in 1996, has linked up thousands of people across the world in meditation, prayer, and mindful activity to help raise world consciousness and further world healing.

World Healing Day seeks to promote a greater awareness of our interconnectedness as a global family, and to provide an opportunity for people to move beyond division and to express collectively their vision of a more harmonious and peaceful world.

"We believe that sufficient numbers of people sharing the same focused intent at the same time can have a positive effect on the wider world. Physicists have shown that subatomic particles respond to our intent, and recent experiments conducted by the HeartMath Institute in the United States have shown that dramatic changes are registered in the Earth's magnetic field in response to our experience of planetary love."

On World Healing Day you are invited to join people around the world in two simultaneous global linkups. The first will take place at 11.15 GMT (12.15pm in the UK) and the second will take place at 20.00 GMT (9pm in the UK). Please note that the UK will be observing daylight saving time, which is an hour ahead of GMT. Each linkup will last for at least 20 minutes. During this time you can meditate, pray, dance, sing, or perform a symbolic act. Whatever you do, and wherever you are, dedicate your intent to the expansion of love and awareness on the Planet, and as you contemplate your connection with all things, sense the ripples of what you do spreading outwards to uplift all.

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**Contact:**

Contact the Coordinator through the website at [www.worldhealing.co.uk](http://www.worldhealing.co.uk)